

Insurance Policy No. _____

1. Claimant's identification

☐ Mr. ☐ Mrs. ☐ Ms. _____
First and last names Last name at birth

Address: _____

Telephone Cell phone Date of birth

Do you work: ☐ Full-time ☐ Part-time

If you don't work, are you:

No. of hours per week: _____ ☐ retired

Employer: _____ ☐ a student

Address: _____ ☐ unemployed

Your occupation: _____ ☐ other, specify: _____

2. Information Regarding Disability Claim Request

If a sickness: Diagnosis: _____ Date of onset of sickness: _____

If an accident: Type of injury: _____ Date of accident: _____

Date of cessation of activities or work: _____

Describe in detail the circumstances of the accident (use another sheet, if necessary): _____

Have you stayed in a medical facility or hospital? ☐ Yes ☐ No

If yes, which: _____ From _____ to _____

Address: _____

Please complete your statement on the other side of this form.

Information regarding your daily activities

To help us evaluate your request, please only identify the activities that concern you:

Activities	What activities did you perform before your disability?	Describe how your activities were or are now performed since your disability?		
Preparing meals	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Eating	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Cleaning or dressing yourself	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Doing dishes/making the bed/laundry	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Going shopping	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Managing your budget	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Vacuuming/cleaning	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Driving an automobile	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Snow removal/lawn mowing	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Moving around the house	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Walking/going outside	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Going dancing, bowling	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Reading/television/solitaire games	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Going skiing/bicycling/golfing	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Movie/card club outings	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Using a computer	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Managing your medication	<input type="checkbox"/>	<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Volunteering (specify)		<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it
Other activities not listed		<input type="checkbox"/> I can do it alone	<input type="checkbox"/> I can do it with help	<input type="checkbox"/> Not able to do it

Have you resumed your activities or returned to work? ☐ Yes ☐ No

If yes, since when? | Y | Y | Y | Y | M | M | D | D | If no, scheduled date of return? | Y | Y | Y | Y | M | M | D | D |

Name and address of your current family doctor: _____

If you have been a patient of this family doctor for less than five (5) years, provide the name and address of your previous family doctor:

If a family member helped you complete this statement and you have authorized them to discuss your file with us, please give the following information:

First and last names Relationship with you Telephone

I, the undersigned, hereby declare that the answers to the questions above have been properly recorded and that they are whole, complete and true, to the best of my knowledge. I declare them to have the same value as if they were taken under oath.

X Claimant's signature Date